



9179 Red Branch Road Columbia, MD 21045 (410) 992-1600

Top Flight Gymnastics welcomes you to our Open Gym Program. We invite all levels of gymnasts up to **Sixteen (16) years of age** to participate. All participants must be signed in by their parent. The 1.5 hour session of supervised gymnastics allows gymnasts to practice already learned skills and develop new ones. It gives inexperienced gymnasts the opportunity to explore gymnastics in a fun and safe environment. **Children not yet 7 years of age must have direct parental supervision in the gym at all times. Parents of children older than 7 years of age must remain in the lobby or be back 15 minutes before the open gym concludes.**

The following is the next Open Gym Date:

The cost is **\$12.00** - payable at the door (cash only). If you are not enrolled in our program, a release form (provided) must be signed by the participant's parent. An open gym may not be substituted for a make-up class.

Open Gym Rules

1. Every child under 7 years of age must have direct supervision at all times.
2. Parents of children older than 7 must remain in the lobby until picked up.
3. There must be a teacher at the event before anyone is allowed on the equipment.
4. Obstacle course is open to all children during Open Gym.
5. No running thru the gym.
6. No flipping without Open Gym Directors permission.
7. Top Flight Gymnastics has the right to restrict any activity or use of equipment we consider unsafe
8. Persons not obeying the Open Gym rules will be asked to leave.

RELEASE STATEMENT

The undersigned parents or guardians of _____ the participant, for and in further consideration of the Top Flight Gymnastics Center program, accepting said participant hereby agree to save and indemnify and keep harmless the said Top Flight Gymnastics Center, its agents and sponsors, against any and all liability claims, judgments or damage arising as a result of injuries sustained by the participant during or as a result of any course of instruction or supervision given the participant by Top Flight Gymnastics Center.

Parents/Guardians Signature _____ Phone # _____

Address _____ email address _____